



## BURNOUT! Building Resilience to Prevent and Heal It.

### Teresa Stephens, RN, PhD

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The author of Stephens' Model of Resilience and the founder of RN P.R.E.P (Personal Resilience Enhancement Plan), an interactive learning experience for student nurses and newly licensed professionals, Dr. Teresa "Tese" Stephens shares her research findings on resilience working closely with Holocaust survivors, and various Holocaust organizations in the U.S. and Eastern Europe. Her current work is focused on the prevention of burnout in clinicians through the development of personal resilience and resilient teams.

### Science for the rest of us

MUSC's Science Café is a series of presentations offering entertaining talks on scientific subjects in a fun, non-technical way in a pleasant social environment. To learn more, contact Tara Abbott at 843-792-2926 or [abbottt@musc.edu](mailto:abbottt@musc.edu).

**Tuesday, June 18, 2019 | 5:30 pm**  
**Charleston Beer Works (upstairs)**  
**480 King Street, Charleston, SC 29403**