We are inundated with information about brain health these days: what to eat, what not to eat, how much physical activity to get, what are the risk factors for brain disease. We even hear about how social engagement is key to preventing cognitive decline. Join us to hear Dr. Heather Boger discuss brain health and the latest research to improve our quality of aging.

Got AGING on the brain? Learn more to keep yours healthy!

Heather A. Boger, PhD  
Associate Professor  
Department of Neuroscience  
Interim Director,  
Center on Aging  
Medical University of South Carolina

Science for the rest of us

MUSC’s Science Café is a series of presentations offering entertaining talks on scientific subjects in a fun, non-technical way in a pleasant social environment. To learn more, contact Tara Abbott at 843-792-2926 or abottt@musc.edu.

Tuesday, April 23, 2019 | 5:30 pm  
Charleston Beer Works (upstairs)  
480 King Street, Charleston, SC 29403